

We ARE Duchenne ALLIES



Today I learned...

One thing I learned about Duchenne:

I Can Be An Ally By...

One way I can help everyone feel included:

My Duchenne Ally Pledge

- ☐ I will be kind.
- ☐ I will include others.
- ☐ I will ask questions respectfully.
- ☐ I will help everyone feel like they belong.

My Signature

I am a Duchenne Ally!

Name: _____

Date: _____